

# Hearts and Butterflies

© Cindy Carter 201

<http://carterquilter.wordpress.com/>

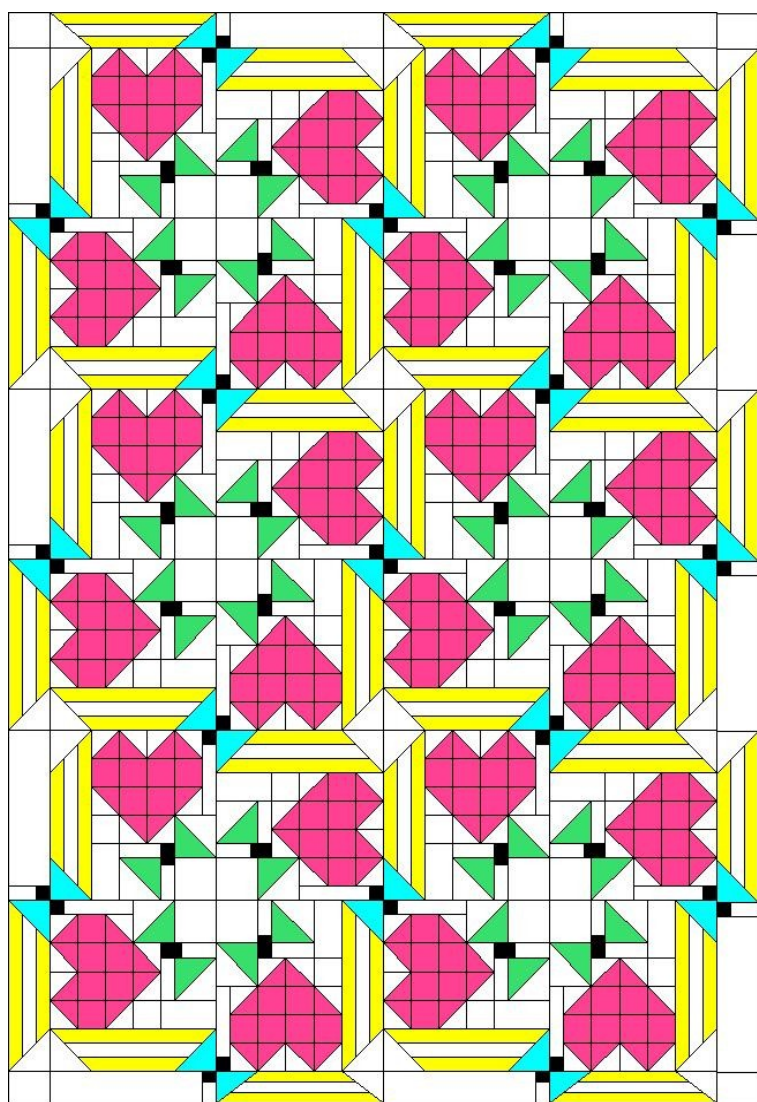
**24" Block**

**3" pieced border**

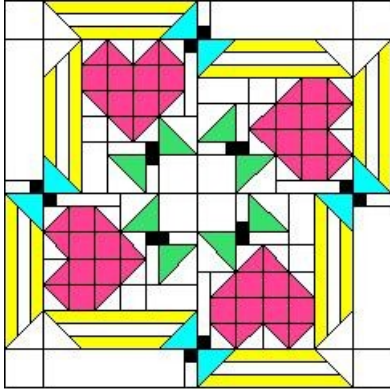
**Doll Quilt/Small Baby Quilt – 30" by 30"**

**Table Runner – 30" by 54"**

**Comfort Quilt – 54" by 78"**



**Fabric Requirements:**



**WOF = Width of Fabric**

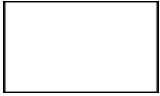
	<b>Doll Quilt</b>	<b>Table Runner</b>	<b>Comfort Quilt</b>
	1/3 yard <i>OR Scraps</i>	1/2 yard <i>Or Scraps</i>	1 1/4 yards <i>Or Scraps</i>
	1/8 yard	1/4 yard	1/2 yard
	1/2 yard	1/2 yard	3/4 yard
	1/8 yard	1/8 yard	1/2 yard
	1/8 yard	1/8 yard	1/8 yard
	3/4 yard	1 1/4 yard	2 1/2 yards

## Cutting Directions:


	Doll Quilt	Table Runner	Comfort Quilt
 2.5" by WOF strips  <i>I be making this part of the quilt in SCRAPPY pinks from my stash.</i>	(2) 2.5" by WOF strips <i>then cut</i> (24) 2.5 squares  <i>OR</i> <i>Cut individual squares from stash</i>	(3) 2.5" by WOF strips <i>then cut</i> (48) 2.5" squares  <i>OR</i> <i>Cut individual squares from stash</i>	(9) 2.5" by WOF strip <i>then cut</i> (144) 2.5" squares  <i>OR</i> <i>Cut individual squares from stash</i>
 3" by WOF strips  <i>I be making this part of the quilt in SCRAPPY pinks from my stash.</i>	(2) 3" by WOF strips <i>then cut</i> (16) 3" squares  <i>OR</i> <i>Cut individual squares from stash</i>	(2) 3" by WOF strips <i>then cut</i> (32) 3" squares  <i>OR</i> <i>Cut individual squares from stash</i>	(6) 3" by WOF strips <i>then cut</i> (96) 3" squares  <i>OR</i> <i>Cut individual squares from stash</i>
 3.5" by WOF strips	(1) 3.5" by WOF strip <i>then cut</i> (8) 3.5" squares	(2) 3.5" by WOF strips <i>then cut</i> (16) 3.5" squares	(4) 3.5" by WOF strips <i>then cut</i> (48) 3.5" squares
 12.5" by WOF strips	(1) 12.5" by WOF strip <i>then cut</i> (16) 1.5" by 12.5" rectangles	(1) 12.5" by WOF strip <i>then cut</i> (28) 1.5" by 12.5" rectangles	(2) 12.5" by WOF strips <i>then cut</i> (68) 1.5" by 12.5" rectangles
 4" by WOF strips	(1) 4" by WOF strip <i>then cut</i> (4) 4" squares	(1) 4" by WOF strip <i>then cut</i> (8) 4" squares	(3) 4" by WOF strips <i>then cut</i> (24) 4" squares
 1.5" by WOF strips	(1) 1.5" by WOF strip <i>then cut</i> (8) 1.5" squares (4) 1.5" by 2.5" rectangles	(1) 1.5" by WOF strip <i>then cut</i> (14) 1.5" squares (8) 1.5" by 2.5" rectangles	(2) 1.5" by WOF strips <i>then cut</i> (34) 1.5" squares (24) 1.5" by 2.5" rectangles

## Doll Quilt - Cutting Directions for the Background Fabric:

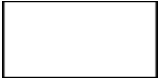
1.

	1.5" by 12.5"	3.5" by 12.5"	Then Cut
 <b>Cut (1)</b> 12.5" by WOF strip	Cut 8		
		Cut 4	Trim to 3.5" by 11.5"
		Cut 4 more	Cut each strip into (3) 3.5" squares – total (12) squares (1) 1.5" by 3.5" rectangle – total (4)


2.

	1.5" by 5.5"	1.5" by 2.5"
 <b>Cut (1)</b> 1.5" by WOF strip	Cut 4	Cut 4


3.

	2.5" squares	2.5" by 4.5"
 <b>Cut (1)</b> 2.5" by WOF strip	Cut 4	Cut 4

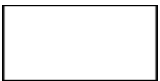
4,

	3" squares
 <b>Cut (1)</b> 3" by WOF strip	Cut 14

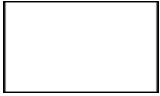
5,

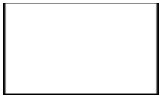
	3.5" squares	3" squares
 <b>Cut (1)</b> 3.5" by WOF strip	Cut 4	Cut 2 <b>You need to trim the strip to 3"</b>

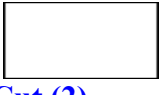
6.

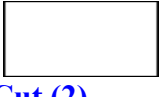
	4" squares
 Cut (1) 4" by WOF strip	Cut 4

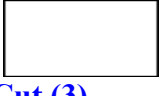
## Table Runner - Cutting Directions for Background Fabric:

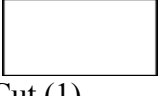
1.	3.5" by 12.5"	3.5" by 12.5"	Then Cut
 <b>Cut (1)</b> 12.5" by WOF strips	Cut 14		
		Cut 6	Trim to 3.5" by 11.5"

2.	3.5" squares	1.5" by 3.5"
 <b>Cut (3)</b> 3.5" by WOF strips	Cut 34	
		Cut 5

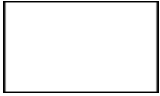
3.	1.5" by 5.5"	1.5" by 2.5"	1.5" by 3.5"
 <b>Cut (2)</b> 1.5" by WOF strips	Cut 8	Cut 6	Cut 3


4.	2.5" squares	2.5" by 4.5"
 <b>Cut (2)</b> 2.5" by WOF strips	Cut 8	Cut 8

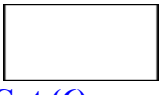
5.	3" squares
 <b>Cut (3)</b> 3" by WOF strips	Cut 32

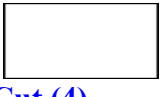
6.	4" squares
 Cut (1) 4" by WOF strip	Cut 8

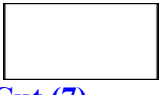
## Comfort Quilt - Cutting Directions for Background Fabric:

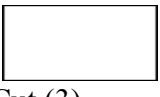
1.	1.5" by 12.5"	3.5" by 12.5"	Then Cut
 <b>Cut (2)</b> 12.5" by WOF strips	Cut 34		
		Cut 9	Trim to 3.5" by 11.5"

2.	3.5" squares	1.5" by 3.5"	3.5" by 11.5"	3" squares
 <b>Cut (7)</b> 3.5" by WOF strips	Cut 62	24	Cut 1	4  <i>You need to trim the strip width also.</i>

3.	1.5" by 5.5"	1.5" by 2.5"	1.5" by 3.5"
 <b>Cut (6)</b> 1.5" by WOF strips	Cut 24	Cut 10	Cut 24

4.	2.5" squares	2.5" by 4.5"
 <b>Cut (4)</b> 2.5" by WOF strips	Cut 24	Cut 24

5.	3" squares
 <b>Cut (7)</b> 3" by WOF strips	Cut 96

6.	4" squares
 Cut (3) 4" by WOF strip	Cut 24

## Unit 1: Measures 3.5" by 12.5"

Doll Quilt – (8) units

Table Runner – (14) units

Comfort Quilt – (34) units

*These units must match the picture for the butterflies to come out correctly.*

1. Sew a yellow 1.5" by 12.5" strip to either side of a 1.5" by 12.5" white strip.  
Use a scant quarter inch seam.  
Press to the yellow.  
Measure your first couple to make sure the width is 3.5".



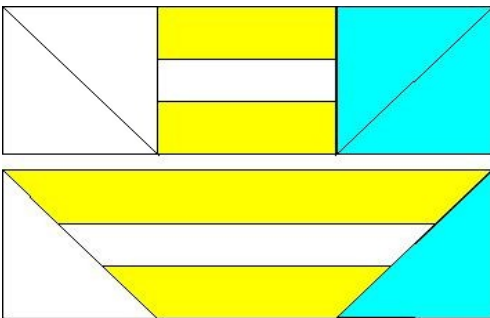
2. Draw a diagonal line on the back of 3.5" squares  
Doll Quilt – (8) squares blue and (8) squares white  
Table Runner – (14) squares blue and (14) squares white  
Comfort Quilt – (34) squares blue and (34) squares white

Sew a square to either end of the yellow and white unit.

*White on the Left and Blue on the Right*

Sew on the diagonal line.

Trim leaving a 1/4" seam.



## Unit 2: Measures 1.5" by 6.5"

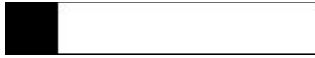
Doll Quilt – (4) units

Table Runner – (8) units

Comfort Quilt – (24) units

Sew a 1.5" black square to a 1.5" by 5.5" white rectangle.

Because the square is small I would just *finger press* the seam to the black.



---

## Unit 3: Measures by 3.5" by 12.5"

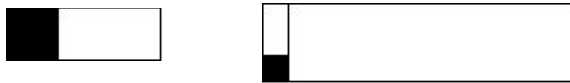
Doll Quilt – (4) units

Table Runner – (6) units

Comfort Quilt – (10) units

Sew a 1.5" black square to a 1.5" by 2.5" white rectangle.

Because the square is small I would just *finger press* the seam to the black.



Sew this unit to each 3.5" by 11.5" white rectangle.

Press to the larger rectangle.

---

## Unit 4: Measures 1.5" by 4.5"

Doll Quilt – (4) units

Table Runner – (8) units

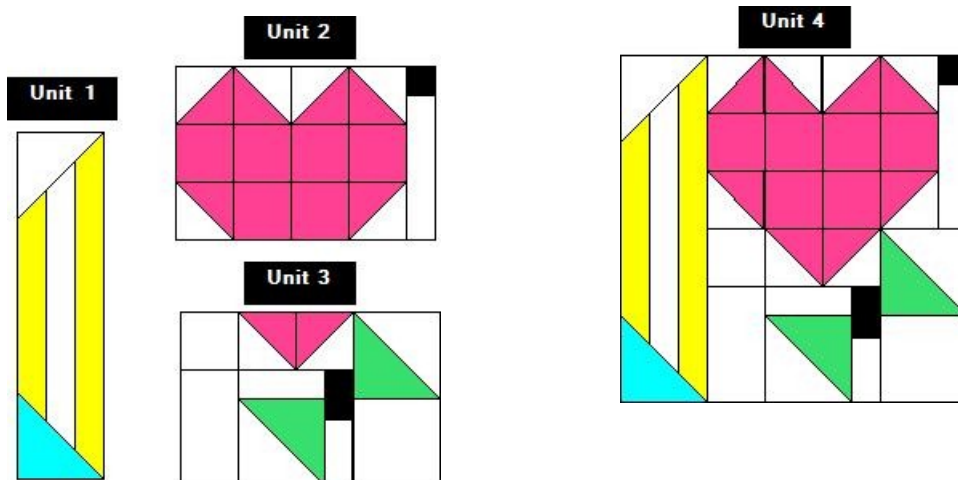
Comfort Quilt – (24) units

Sew a 1.5" by 2.5" black rectangle to a 1.5" by 2.5" white rectangle.

Because the square is small I would just *finger press* the seam to the black.







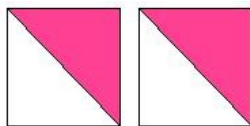
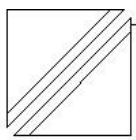
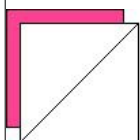
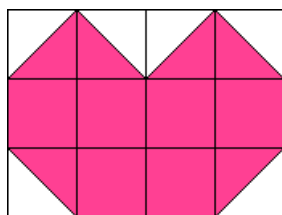
**Unit 2: Measures 9.5" by 6.5"**

**Doll Quilt – (4) units**

**Table Runner – (8) units**

**Comfort Quilt – (24) units**

**Part 1:**



(6) 2.5" pink or scrappy squares

(8) Half Square Triangles

*Includes 2 of the Half Square Triangles for Unit 3*

(4) 3" squares pink or scrappy

(4) 3" white square

.Draw a diagonal line through the back of the white squares.

.Place fabric right sides together.

.Sew two lines.. one on either side of the diagonal line.

.Cut on the drawn line.

.Press to the pink.

*.Square up to 2.5"*

**Part 2:**



**1.5" by 6.5"**  
**Unit 2**  
**Assembled in**  
**Week 1**

**Part 3: Assemble Unit 1**

Sew squares and half square triangles to make your rows.

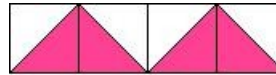
Press each row in an alternating direction

Sew rows together. Press these seams down.

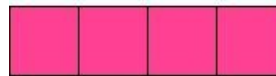
Sew Part 2 to right side of Part 1.

Press to the black and white unit.

*Make sure the black square is UP.*



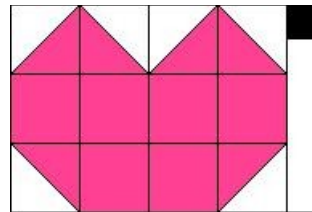
**Press left**



**Press right**



**Press left**

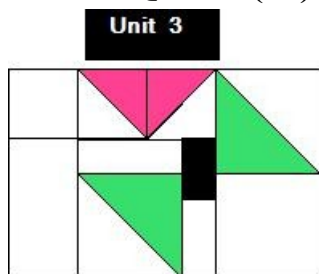



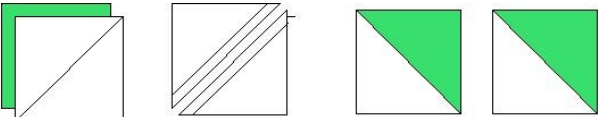
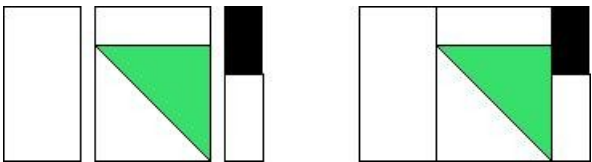
### Unit 3: Measures 6.5" by 9.5"

Doll Quilt – (4) units

Table Runner – (8) units

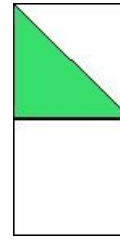
Comfort Quilt – (24) units



<p><b>Part 1:</b></p> 	<p>(1) 2.5" white square</p> <p><i>(2) Pink and White Half Square Triangles made in the previous step.</i></p>
<p><b>Part 2:</b></p> <p>.Make (2) green and white Half Square Triangles. Use the 4" green square and the 4" white square.</p> <p>.Press to the green.</p>  <p><i>.Square up to 3.5".</i></p>	<p>(1) 2.5" by 4.5" white rectangle</p> <p>(1) 1.5" by 3.5" white rectangle</p> <p><i>(1) 1.5" by 4.5" black and white rectangle from Unit 4 – Week 1</i></p> <p><i>(1) 4" green square and (1) 4" white square to make (2) half square triangles. See directions on the left.</i></p>
 <p><i>Make sure the black square is UP.</i></p> <p><i>Make sure your block matches the picture.</i></p>	<p>. Sew 1.5" by 3.5" white rectangle to top of green and white Half Square Triangle Make sure it looks like the picture.</p> <p><i>Press to the rectangle.</i></p> <p>.Sew 2.5" by 4.5" rectangle to the left of the Half Square Triangle unit. Press to the rectangle.</p> <p>.Sew black and white unit to the right side of the HST. <i>Press to the black and white unit.</i></p>

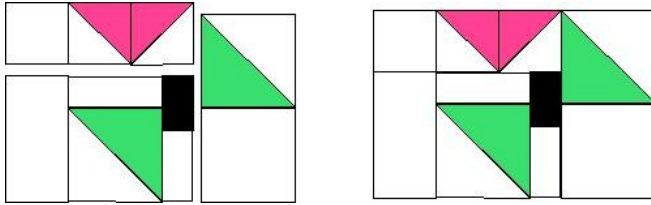
**Part 3:**

.Sew (1) 3.5" green and white half square triangle to (1) 3.5" white square  
.Press to the square.



**Part 4:**

Assemble Unit 3



. Sew Part 1 to Part 2.  
Nest seams.  
Press down.

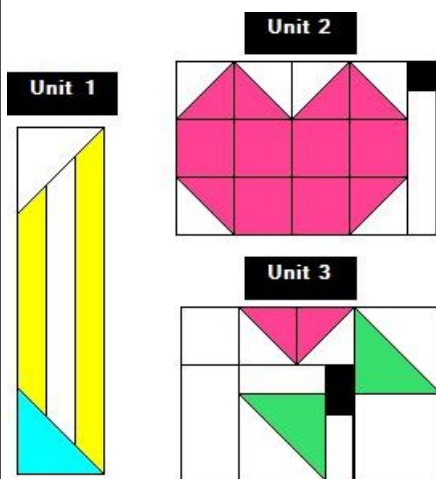
.Sew the previous part to Part 3.  
Press to Part 3.

**Part 5:**

Assemble Unit 4

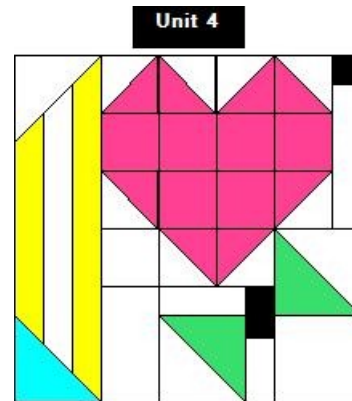
Unit measures 12.5" by 12.5"

*Make sure your block matches the picture.*



.Sew Unit 2 to Unit 3 nesting seams  
Press down to Unit 3

.Sew Unit 1 to to the Unit above  
Press to Unit 1



**Quilt Block: Measures 24.5” by 24.5”**

**Doll Quilt – (1) block**

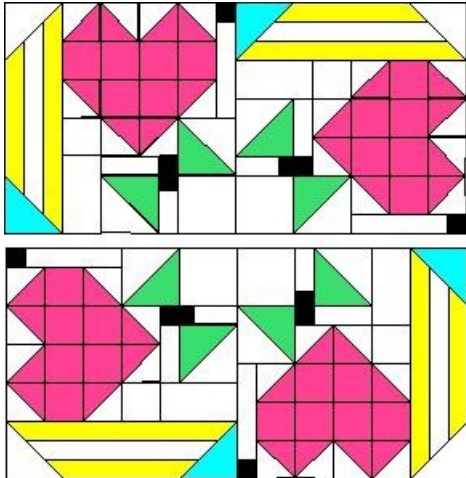
**Table Runner – (2) blocks**

**Comfort Quilt – (6) units blocks**

Sew your finished units from Week 2 together making sure that your blocks match the diagram.

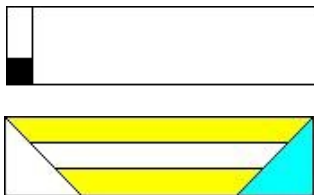
Press each pair in opposite directions. Nest seams when you join the two units together.

Press the final seam in either direction.



**Quilt Borders:**

**Part 1:** Gather these units you made in Week 1.



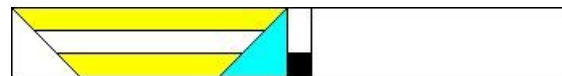
Sew them together matching your unit to the picture.

Doll Quilt – (4)

Table Runner – (6)

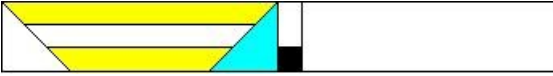
Comfort Quilt – (10)

Press to the white and black unit.



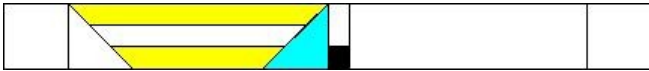
## Part 2: Doll Quilt Borders

**Side Borders:** Make (2)



**Top and Bottom Borders:** Make (2)

Sew a 3.5" white square to either side.  
Press to the white squares.



## Part 3: Table Runner Borders

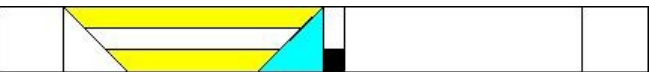
**Side Borders:** Make (2)

Sew (2) of the units from Part 1 together.  
Press to the white rectangle.



**Top and Bottom Borders:** Make (2)

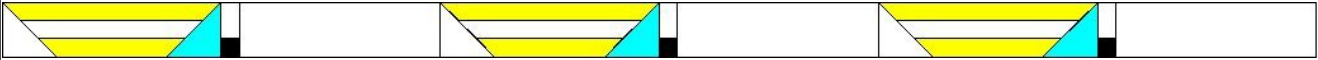
Use (1) unit from Part 1.  
Sew a 3.5" white square to either side.  
Press to the white squares.



## Part 4: Comfort Quilt Borders

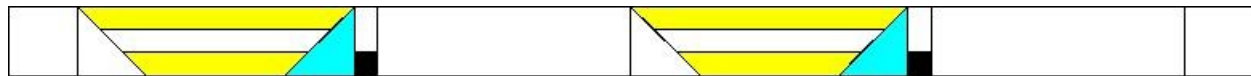
**Side Borders:** Make (2)

Sew (3) of the units from Part 1 together.  
Press to the white rectangles.



**Top and Bottom Borders:** Make (2)

Sew (2) of the units from Part 1 together.  
Sew a 3.5" white square to either side.  
Press to the white squares.



## Part 5: Sew Blocks together and Add Borders to Your Quilt

Doll Quilt – (1) Block

Table Runner – (2) Blocks

Comfort Quilt – (6) Blocks - 3 rows with 2 blocks in each row.

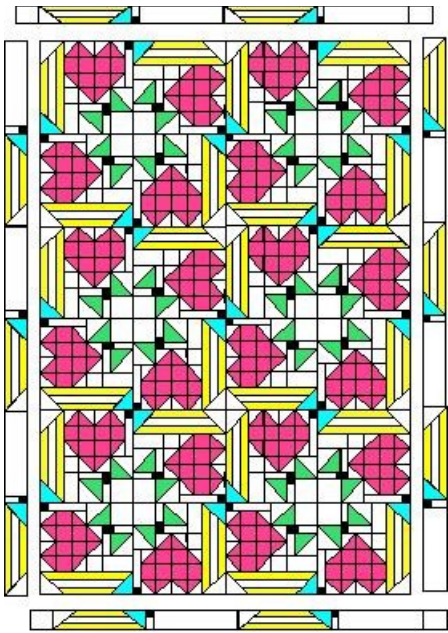
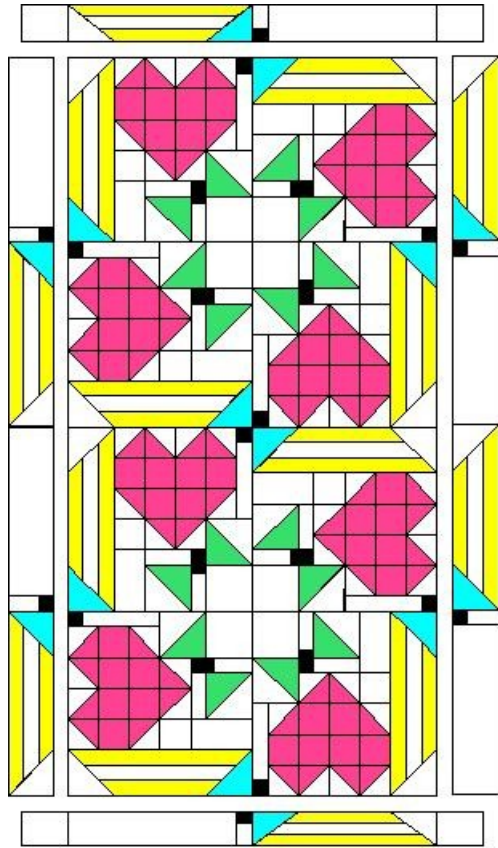
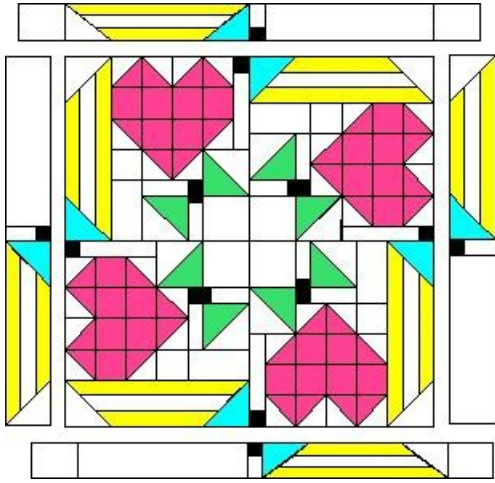
Press each row in the opposite direction. Nest seams when sewing rows together.

Sew side borders.

Press to the quilt.

Sew Top and Bottom borders.

Press to the quilt.





## Copyright Information

I have created all of my quilt patterns to be used as a FREE resource to other quilters. I am not selling them and explicitly prohibit others from doing so.

That being said, all you wonderful quilters please use them to create quilts for yourself and others. You may sell any quilts you make for a profit (no mass production). You may exhibit your quilts. I would love it if you can use the patterns as a resource to help others, gifts for others who are sick or in need, our military, charities and fundraisers of any kind. You may use the patterns to teach classes as long as you provide the patterns free of charge to your students.

Quilt store owners – You are free to reproduce any of the patterns and provide them free of charge to your customers. If you can email me photos of any projects your customers complete using these patterns, I would deeply appreciate it.

Please respect the work I have done in creating these patterns. Make sure the patterns are not altered in any way and that proper credit is given if you are reproducing and sharing the patterns with others.

**If you are sharing my patterns over the web, do so by providing a link to <http://carterquilter.wordpress.com>.**

**Feel free to contact me if you have any questions.**

**Cindy Carter**  
[carterquilter@gmail.com](mailto:carterquilter@gmail.com)